



2023 – 2024 CYO SPORTS CALENDAR

Diocese of Oakland – Catholic Youth Organization

(All event dates are subject to facility verification)

IMPORTANT DATES FOR ALL CYO SPORTS 2023-2024

Saturday, September 9	CYO Athletic Directors' Seminar (tentative)
Saturday, January 6, 2024	Catholic High School Placement Test (Moreau and Salesian), and
Saturday, January 20	Catholic High School Placement Test (all other schools in the Oakland Diocese)
Monday, January 15	Rev. Dr. Martin Luther King, Jr. Holiday
Sunday, January 29	Catholic Schools Week begins
Sunday, February 11	Super Bowl Sunday
Thursday – Sunday, Mar 28 – 31	Holy Thursday through Easter Sunday – No CYO activities may be scheduled

CYO CROSS COUNTRY 2023

Tuesday, August 15	Practice may begin for Cross Country
Tuesday, August 22	Cross Country Parish/School Coordinators Meeting
Thursday, August 30	Cross Country Returning Coaches Meeting
Tuesday, September 5	Cross Country New Coaches Certification Workshop
Wednesday, September 13	Cross Country Parish/School Coordinators Meeting
Fridays, September 22, 29	CYO Cross Country Meets
Fridays, October 6, 13	CYO Cross Country Meets
Friday, October 20	Diocesan Cross Country Meet

CYO BASKETBALL Winter 2023-2024

All Boys' CYO Basketball and for Girls' CYO Basketball in the East Diablo, West Diablo and Tri Valley Leagues

Friday, September 1	Practice may begin
Friday, September 8	Tournament play may begin

BASKETBALL COACHES CERTIFICATION WORKSHOPS (tentative dates)

Tuesday, October 3	Basketball Coaches Certification Workshop (EBPL/WCC)
Tuesday, October 10	Basketball Coaches Certification Workshop (Mission Valley/SAC Boys)
Tuesday, October 17	Basketball Coaches Certification Workshop (Tri Valley)
Sunday, October 22	Basketball Coaches Certification Workshop (Diablo East)
Saturday, October 28	Basketball Coaches Certification Workshop (West Diablo)

Wednesday, November 2	Last Day for basketball preseason tournament play
Friday, November 3	League play may begin
Sunday, November 19	Last Day for League play before Thanksgiving break
Monday, November 20	Thanksgiving Tournament Play may begin
Thursday, November 23	Thanksgiving Day
Sunday, November 26	Last Day for Thanksgiving Tournament Play
Monday, November 27	League Play may resume
Sunday, December 17	Last Day for League Play before Christmas Break
Monday, December 18	Christmas Tournament Play may begin
Thursday, January 4, 2024	Last Day for Christmas Tournament Play
Friday, January 5	League Play may resume
Fri.– Sat. February 2,3, 4, 10	Girls' Basketball Playoffs (Diablo Valley CYO League)
Sunday, February 18	Last Day for Boys' Basketball League Play/League Playoffs
Monday, February 19	Presidents' Day
	Boys' Basketball Playoffs – Mandatory Coaches Meeting
	Tournament Play may begin for teams NOT involved in Diocese Playoffs.
Friday, Saturday, Sunday February 23, 24, 25 and	Diocesan "American Division" Boys' Basketball Playoffs
Saturday, Sunday March 2, 3	and Diablo East "National Division" Tournament of Champions
Sunday, March 10	Last Day to participate as a CYO Basketball team or as a CYO Cheerleader

2023 – 2024 CYO SPORTS CALENDAR

CYO GIRLS' VOLLEYBALL 2023-2024

For Girls' CYO in the SAC (Girls), Metro, EBPL and Northern Leagues

Friday, September 1	Practice may begin
Thursday, October 26	Girls' Volleyball Coaches Certification Workshop
Friday, November 3	League Play may begin
Sunday, November 19	Last Day for League play before Thanksgiving break
Thursday, November 23	Thanksgiving Day
Monday, November 27	League Play may resume
Sunday, December 17	Last Day for League Play before Christmas Break
Friday, January 5	League Play may resume
Sunday, January 14	Jim Negri Tournament (tentative)
Monday, February 12	Girls' Volleyball Playoffs – Mandatory Playoff Coaches Meeting
Saturday, Sunday, Tuesday February 17, 18, 20	Girls' CYO Volleyball Playoffs

CYO GIRLS' BASKETBALL Spring 2024

Girls' CYO Basketball in the SAC (Girls), Metro, EBPL and Northern Leagues

Monday, January 15	Practice may begin
Thursday, February 8	Girls' Basketball Coaches Certification Workshop (EBPL/Northern)
Thursday, February 15	Girls' Basketball Coaches Certification Workshop (Metro/SAC)
Friday, February 23	League Play may begin
Thursday, Mar 28 - Sunday, Mar 31	Holy Thursday through Easter Sunday – no CYO activities may be scheduled
Monday, April 1	Catholic Schools Easter recess begins
Tuesday, May 14	Girls' Basketball West Playoffs – Mandatory Meeting for All Playoff Coaches
Saturday through Wednesday May 18 through 22	Diocesan Girls' Basketball Playoffs (West Diocese)

CYO TRACK AND FIELD 2024

Thursday, February 1	Practice may begin
Tuesday, March 5	Track and Field Coaches Workshop – Diablo Valley
Thursday, March 7	Track and Field Coaches Workshop – Mission Valley
Wednesday, March 13	Track and Field Coaches Workshop – Oakland / WCC
Thursday, Mar 28 - Sunday, Mar 31	Holy Thursday through Easter Sunday – no CYO activities may be scheduled
Monday, April 1	Catholic Schools Easter recess begins
Sunday, May 5	Last Day for Section Qualifying Track Meets
Monday, May 6	Diocesan Track Meet Qualifier Lists due to Diocesan CYO Office
Friday, Saturday, May 10, 11	Oakland Diocese Track and Field Championship Meet

CYO BOYS' SAND VOLLEYBALL 2024

Thursday, February 1	Practice may begin
Sunday, March 24	League Play may begin
Saturday, Sunday, May 18, 19	Boys' CYO Sand Volleyball Tournament

